

NAME: _____ DATE: _____

PHONE: _____

DOB (d/m/y) / / Male / Female

SOADI Diabetic Foot Assessment Form
Past Medical History (self report)

Diabetes:

Type 1 Type 2 Gestational Pre-Diabetic

of yrs, details: _____

Chief Foot Complaint: _____

Previous Foot Complications: _____

Medication: _____

Foot wear : Appropriate Y N

Describe: _____

Sensation: Standard Monofilament 10 gm

Draw on image 1st, 3rd and 5th metatarsals and plantar aspect of the distal hallux:

Present (+) / Absent (-)

Foot Condition:

Draw on image:

S=swelling, R=redness, T=temperature, P=pain
▲=callus, M=maceration, ★=pre-ulcer, ■=ulcer



Circulation:

Pedal Pulses Present (P) / Absent (A)

Posterior Tibial: L _____ R _____

Dorsalis Pedis: L _____ R _____

Nail Condition:

Foot Hygiene/Skin Condition:

- 0 – No loss of protective sensation, yet is diabetic.
- 1 – Loss of protective sensation.
- 2 – Peripheral sensory neuropathy, predisposing foot deformity.
- 3 – History of pathology, previous amputation/ulcer.
- 4 – Active neuropathic ulceration, charcot arthropathy.
- 5 – Severe active foot infection of foot ulcer, foot deformity
- 6 – Severe, acute peripheral arterial disease.

Structural Abnormalities:
(Biomechanical/ Amputation)

Yes NO

List: _____

Self Care Knowledge, mobility:

Ability to inspect feet daily.
Knowledge about appropriate footwear & Care
Ability to perform routine foot care (visually and physically)

Education given Y N

Details: _____

Assessment Details and Notes:

Return Foot Exams Y N

please circle: (yearly/ monthly/ other)

SOADI's goal is to help prevent diabetic foot complications through education, screening and promoting ownership on **selfcare**. If follow up is required when self care is not sufficient based on foot condition, you will be given a SOADI Subsidy Application. It is the responsibility of the Participant to contact SOADI and service Providers for follow up care.

Participant Signature: _____

Chiroprapist Signature: _____ Date: _____

_____ Date: _____

SOADI HEAD OFFICE

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