

Possible Reactions:

1. **Cold:** - The client may feel cold due to relaxation with the removal of stress, enhanced circulation, and the evaporative cooling effect of perspiration.
2. **Taste in Mouth:** - May have disagreeable taste in the mouth due to the cleansing of toxins within the digestive system.
3. **Perspiration:** - May cause perspiration due to detoxification, relaxation with the removal of stress, enhanced circulation, and the release of excess fluid in the lymphatic system due to enhanced circulation.
4. **Mucus:** - May be caused by detoxification, release of mucus from the sinuses and the walls of the small and large intestines.
5. **Frequent Bowel Movements** - May cause frequent bowel movements due to the stimulation of the digestive system (normalizing the functions) as follow:
 - liver increases bile production
 - gallbladder releases bile for emulsifying fats
 - pancreas aiding the digestive functions
 - small and large intestines processing, passing and eliminating food and waste materials
 - ileocecal valve elicits peristalsis for elimination.
6. **Tiredness:** - May cause tiredness due to relaxation with the removal of stress, normalizing metabolisms and the body responding in a parasympathetic response to balance.
7. **Headache and Nausea:** - May cause headaches due to detoxification, removal of stress including psychological stress and enhanced circulation. Nausea may be caused by detoxification and improved digestion.
7. **Eyes Watery:** - May cause the eyes to water due to the cleansing release from the lacrimal glands because of enhanced circulation and relaxation with the removal of stress.
8. **Pain Release:** - May cause the release of pain in the nerves and muscles, parts, organs or glands due to the relaxation and removal of stress because of enhanced circulation, and the parasympathetic response to balance.
9. **Skin Reaction:** - May cause a skin reaction due to the detoxification of an existing disorder affecting the body because of enhanced circulation and the normalization of the metabolism.
12. **Gas Release:** - May cause gas due to improved digestive functions and the removal of stress due to relaxation.
13. **Increased Urination:** - May cause increased urination due to the normalization of the urinary system because of obstruction release, relaxation with the removal of stress, normalized metabolisms and the parasympathetic response to balance.
14. **Improved Digestion:** - May cause improved digestion and appetite due to the normalization of the digestive system because of relaxation with the removal of stress and the parasympathetic response to balance.